

Your Big Fat Foodie Friend

Tiramisu

Prep Time: 30 minutes

Cook Time: 10 minutes

Ingredients:

- * 1 Vanilla pod, or 1tsp vanilla extract
- * 3 egg yolks
- * 50g (0.1 lb) Caster Sugar
- * 250g (0.55lb) Mascarpone
- * 250ml Double Cream, lightly whipped
- * 350ml strong fresh coffee, cooled
- * 1Tbsp Rum
- * 1Tbsp Kahlúa
- * 300g (0.66 lb) Sponge Fingers
- * 2-3 Tbsp Sifted Cocoa Powder

Total Time: 30 minutes Serves: 4-6

Preparation:

- 1. If your using the vanilla pods, slit them lengthways and scrape out the seeds.
- 2. In a bowl, set over simmering water, whisk together the egg yolks and sugar with the vanilla seeds (or extract) until thick and creamy with an electric whisk. The mixture is ready when a trail of foam forms when whisk is lifted.
- 3. Remove from heat and beat in the mascarpone and fold in the whipped cream.
- 4. Mix coffee, rum and liqueurs together. Dunk the sponge fingers quickly into the coffee (no more than a second). Arrange the biscuits in a serving bowl and top with half the mascarpone and cream mixture.
- 5. Repeat with another layer of fingers, mascarpone and cream. Sift the cocoa powder on top and refridgerate for at least 2 hours.

