intergourmet®

Your Big Fat Foodie Friend

Advanced Scrambled Egg

Prep Time: 10 minutes Total Time: 25 minutes

Cook Time: 15 minutes Serves: 1-2



Ingredients:

- * Olive Oil
- * 5 new potatoes chopped into little cubes
- * 1 yellow or red pepper chopped
- * 3 Sausages sliced
- * 3 Rashers of smoked bacon, diced
- * Handful of baby tomatoes, cut in half
- * Small handful fine beans, finely chopped
- * 5 Large eggs
- * 50ml milk
- * Pinch of Salt and Pepper

Preparation:

- Heat the olive oil in a deep frying pan and once at heat add the potatoes, pepper, beans and sausages.
- 2.Stir occassionally to brown evenly. After 5 minutes, add the bacon and baby tomatoes.
- Beat the eggs in a mixing bowl and add the milk, salt and pepper until the eggs have combined completely.
- 4. When the meat is sufficiently cooked through (usually 10 minutes on medium heat), pour the egg mixture into the frying pan and continuously mix to scramble.
- 5. When the eggs are cooked (2-3 minutes), turn off the heat and serve immediately.