intergourmet®

Your Big Fat Foodie Friend

Spaghetti alla carbonara

Prep Time: 10 minutes Total Time: 40 minutes

Cook Time: 30 minutes Serves: 4



Ingredients:

- * 450g (1 lb) spaghetti
- * 1/4 cup double cream
- * 4 eggs (medium or large)
- * 225g (1/2 lb) bacon or pancetta, diced
- * 1 tsp olive oil
- * 2 Tbsp chopped parsley
- * Salt and pepper, to taste
- * 3/4 cup grated parmesan cheese

Preparation:

- Fill a large soup pot with cold water and add a pinch of salt. Cover the pot and heat the water until it boils.
- Add the diced bacon to a cold sauté pan and cook slowly over a low heat for 10 to 15 minutes or until crisp. Remove bacon from pan and drain on paper towels.
- Drop the spaghetti into the boiling water and cook according to package instructions, or until al dente.
- 4. Combine the eggs, cheese, cream and olive oil in a bowl and beat with a whisk until completely mixed.
- 5. Drain pasta, toss with the egg and cream mixture, then add the cooked bacon and chopped parsley. Serve right away, with additional grated cheese if desired.